Major Topics / Emphasis of the Seminar

Teaching contents in various stages of rehabilitation in diabetes, practice and didactics of self management and multiple insulin injections (or CISS/pump therapy). Active participation in an interactive live FIT training with new patients on the “second stage”. Estimation of initial FIT algorithms (therapy switch-over) and further optimisation of patient’s individual insulin algorithms – “insulin games”. Practice of outpatient care.

Translational research with modular training system with emphasis on: FIT, hypertension-/nephropathy prevention training, pregnancy- and childbirth preparation, slim-n-FIT module, hyperlipidaemia- module, FIT-update, Pumpin’ eve module as an introduction to the pump therapy.

Therapeutic Patient Education: First module of the Diabetes Education Study Group curriculum (EASD).


Practical skills: ABPM, continuous glucose sensing, insulin pumps (CSI), ophthalmoscopy, heart rate variability (HRV) for autonomic neuropathy assessment. Lectures, interactive exercise and group work with international experts.

New: Controversies in insulin analogues.

11. International FIT- Training Workshop for Physicians and Diabetes Counsellors on Functional Insulin Therapy (FIT), Outpatient Modular Training System for Best Benchmarking Outcomes

Venue

Medical University of Vienna
AKH General Hospital
Währinger Gürtel 18-20
A 1090 Vienna, Austria

Tel.: +43 1 40 400 3981
Fax: +43 1 40 34 951

Post-EASD workshop:
Friday, October 2nd 2009, 5 p.m.
until Sunday, October 4th 2009, 2 p.m.

Registration Form

11. International FIT- Training Workshop for Physicians and Diabetes Counsellors on Functional Insulin Therapy (FIT), Outpatient Modular Training System for Best Benchmarking Outcomes, Medical University Vienna, October 2-4, 2009.

Surname/Name/Title: .................................................................

Address (☐ private ☐ institution): ................................................

Occupation/Function: .................................................................

Phone/Fax: .................................................................

Mobile (optional): .................................................................

Email: ....................................................................................

Involved (and how) in patient education?: .................................................................

I would like to introduce my educational model and outcomes as ☐ a poster or ☐ a short presentation. My abstract follows by e-Mail until September 5th, 2009.

Please declare your preferred language for the workshop:

☐ English ☐ German

The workshop language will be decided upon the majority of interest. Please inform us, if you exclude one of these languages: .................................................................

Important notice for multilingual Europe©: there would be an option of FIT education for English-speaking patients. If you as a therapist would like to include one in the patient sessions, please contact our team directly until August 9th, 2009.

I confirm the payment of the participation fee as indicated.

Date: .................................................................

Signature: .................................................................
International FIT Training Workshop

Functional Insulin Therapy

Outpatient Modular Training System for Best Benchmarking Outcomes

11.

Academic leadership

Univ.-Prof. Dr. med. Kinga HOWORKA, MBA, MPH
Internal Medicine and Diabetes Specialist
Dr. med. Jiri PUMPRLA, MBA, MPH
Dr. med. Michaela GABRIEL
DKS Elsa PERNECZKY
Cand. med. Nora HOWORKA
Dr. med. Marietta PUCK
Dr. med. Heike ZENKER

Medical University of Vienna
Research Group Functional Rehabilitation and Group Education, AKH 4L,
Währinger Gürtel 18-20, A- 1090 Vienna

Tel.: +43-1-40 400 / 1993, 3981
Fax: +43-1-40 34 951
E-mail: kinga.howorka@meduniwien.ac.at
www.diabetesFIT.org

FIT Workshop Coordination Group
Univ.-Prof. Dr. med. Kinga Howorka, MBA, MPH
AKH General Hospital 4L
Währinger Gürtel 18-20
1090 Vienna, Austria